

BEAT & PER MINUTE

# SENIOR

ACROBATIC ARTS  
CREATING THE WORLD'S MOST TRUSTED ACRO PROGRAMS

AERIAL ARTS  
TRUSTED TRAINING BY ACROBATIC ARTS

ROYAL ACADEMY OF DANCE

COMDANCE

Aixa  
FLEXIBILITY

BEATS PER MINUTE PERFORMING ARTS  
UNIT 11/7 KELLY COURT, MAROOCHYDORE  
0404 053 576  
KATEBMPA@GMAIL.COM

# WELCOME

**Our vision is to provide an environment that harbours happiness and safety as well as offer a place where students truly feel valued and appreciated.**

Beats Per Minute is a triple threat studio located on the Sunshine Coast offering equal and extensive training in all facets of Performing Arts for students of all ages.

We understand and appreciate each and every one of our students as creative and talented individuals, EVERY student is unique and requires a unique program, whether you're looking for a career as a professional dancer, dance teacher or simply want to have fun. We recognize all goals as equal and facilitate the students journey towards attaining their goals. Students at BPM are encouraged to take ownership of their individual dream and with the careful guidance of the team at BPM EXCEED even their own expectations. This creates empowered and responsible individuals who are ready to enter the workforce in whatever path they may choose.

The environment at Beats Per Minute lends itself to success through providing a safe work space that encourages and celebrates individuality. ALL students achieve success at BPM and all students are treated with respect and are provided equal opportunities.

*Kate Evans*

**Kate Evans** | Director



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# BPM SENIOR CLASS INFORMATION 2026

**Recommended Age:** All students in senior classes must meet prior requirements or enter age group by assessment only. Minimum age for Grade 6 (orange) is 13 as of January 1st 2026

## As per timetable:

Grade 6 Ballet, Grade 6 Jazz,  
Grade 7 Acro, Grade 5 Tap, Inter  
Found, Contemporary 1 (13 - 15yo)

Sub-Elementary, Grade 7 Jazz,  
Grade 8 Acro, Grade 6 Tap,  
Intermediate, Contemporary 2  
(By assessment)

\*\*Tumbling 2 - Students must attend a minimum of 2 acro classes per week. Must have far arm cartwheel, back Arabian limber and front and back walkover

Senior students are able to delve even further into the performing arts world with a wide range of classes on offer, students thrive in a positive environment whilst developing strength, coordination, confidence and skills to last a lifetime. We offer; Jazz, Ballet, Tap, Lyrical, Contemporary, Musical Theatre, Acrobatics, Aerial, Open Apparatus, Tumbling, Contortion, Hand Balancing and performance opportunities.

We do offer single class packages however we recommend that after an initial trial period you consider additional classes, the more classes taken the better the progression. All styles work hand in hand and we find that when solid foundations are built students are able to progress effortlessly! Bear in mind, we require students to be taking at least one acrobatics class per week to be eligible for aerial, this ensures they have the strength, technique and understanding to be able to execute skills safely in the air! Students at this level are also required to be taking ballet to participate in lyrical / contemporary.

Our Senior BPM students attending twice a week will be offered an RAD Ballet examination, a Comdance 'Modern Jazz' and 'Tap' examination as well as an Acrobatic Arts examination. Students taking all exams on the ultimate pack will now be offered additional and complimentary invitation only Tumbling, Hand Balancing, Contortion and Aerial classes, rewarding their hard work and dedication with specialised classes!



# CLASSES & EXAMS ON OFFER

ROYAL ACADEMY OF  
**DANCE**

# COMDANCE

## ROYAL ACADEMY OF DANCE

Ballet is the foundation of all styles of dance, it teaches line, control, discipline, balance, agility, grace and poise. The technique and skills that are learnt in ballet are essential to progressing in all other styles. Students can take ballet purely to advance their technique or they can participate in examinations following the RAD (Royal Academy of Dance) Syllabus. These examinations are an internationally recognised portfolio of exams to motivate students of all ages and abilities. These are endorsed by state awarding bodies with credits towards the Certificate of Education.

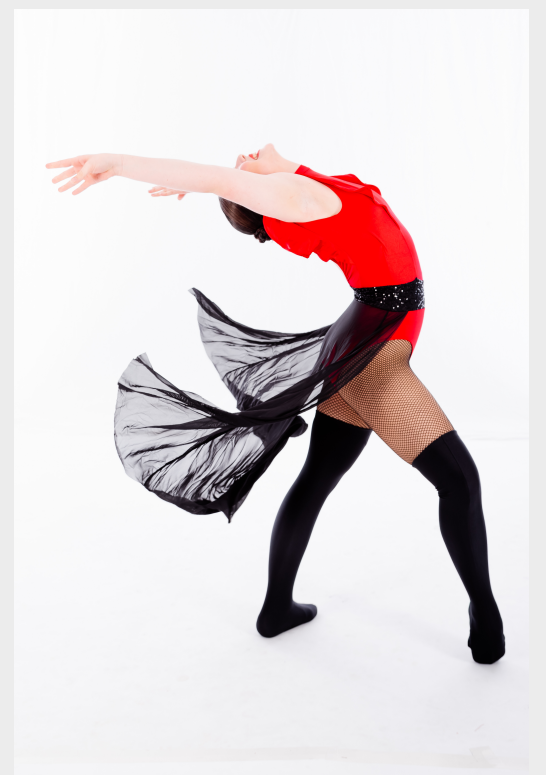
The Ballet class is based on the Royal Academy of Dance Syllabus, two classes are recommended per week. It is compulsory for children to attend both days if they wish to take examinations.

## COMDANCE JAZZ, TAP & MUSICAL THEATRE

Jazz is fast paced, energetic and up beat and is the perfect introduction to dance at a younger age as well as a fantastic way to progress technically and stylistically as the students reach a higher level. Students will learn a range of jazz styles as well as learn how to stretch safely, progressions for leaps, kicks and turns and choreography.

### ABOUT THE SYLLABUS

Examinations are a fantastic way to keep students motivated and encourage them to set a goal and achieve it, although recommended examinations are not compulsory. Comdance is an internationally recognized syllabi which provides examinations from tines through to teacher certification in all genres of dance. It is compulsory for children to attend both days if they wish to take examinations. This syllabus provides clear progressions for students, increases strength, flexibility and improves technique, coordination and style. This is the syllabus which led 2 winners from So You Think You Can Dance Australia to their great success!





CLASSES & EXAMS ON OFFER

## ACROBATIC ARTS

Acrobatics is becoming increasingly popular in the mainstream dance industry, it can be seen in TV shows, musical theatre and film as well as commercial television and live performances. Acrobatics is a fantastic asset to today's performer.

Not only is Acrobatics at Beats Per Minute taught with an emphasis on safety it helps to build strength, flexibility, control and coordination. The great thing about acrobatics is that the skills are designed to be executed on a hard floor not a sprung floor, this means if your child decides to try these skills in their backyard at home they will have the information and technique to do it safely! Despite this, all skills are of course trained on mats that meet Australian Safety Standards.

### ABOUT THE SYLLABUS

Created by a successful studio owner with decades of experience, Acrobatic Arts is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling. Developed with input from professionals and experts in ballet, modern dance, jazz, contortion, artistic gymnastics, rhythmic gymnastics, sport acrobatics, yoga, acro yoga, pilates, physiotherapy, hand balancing and more, you will not find a more comprehensive program. Simple thoughtful progressions take the beginner preschool level dancer from log rolls and somersaults to the advanced dancer tumbling effortlessly across the stage!

The Acrobatic Arts examination process is designed to motivate dancers. Having defined and achievable goals is a proven way to motivate dancers to excel. Dancers work through twelve exam levels, dancers who complete all 12 levels can take the 'Teacher's Exam' and, upon successful completion, will be granted Certified Teacher status. It is compulsory for children to attend both days if they wish to take examinations.

# AERIAL ARTS

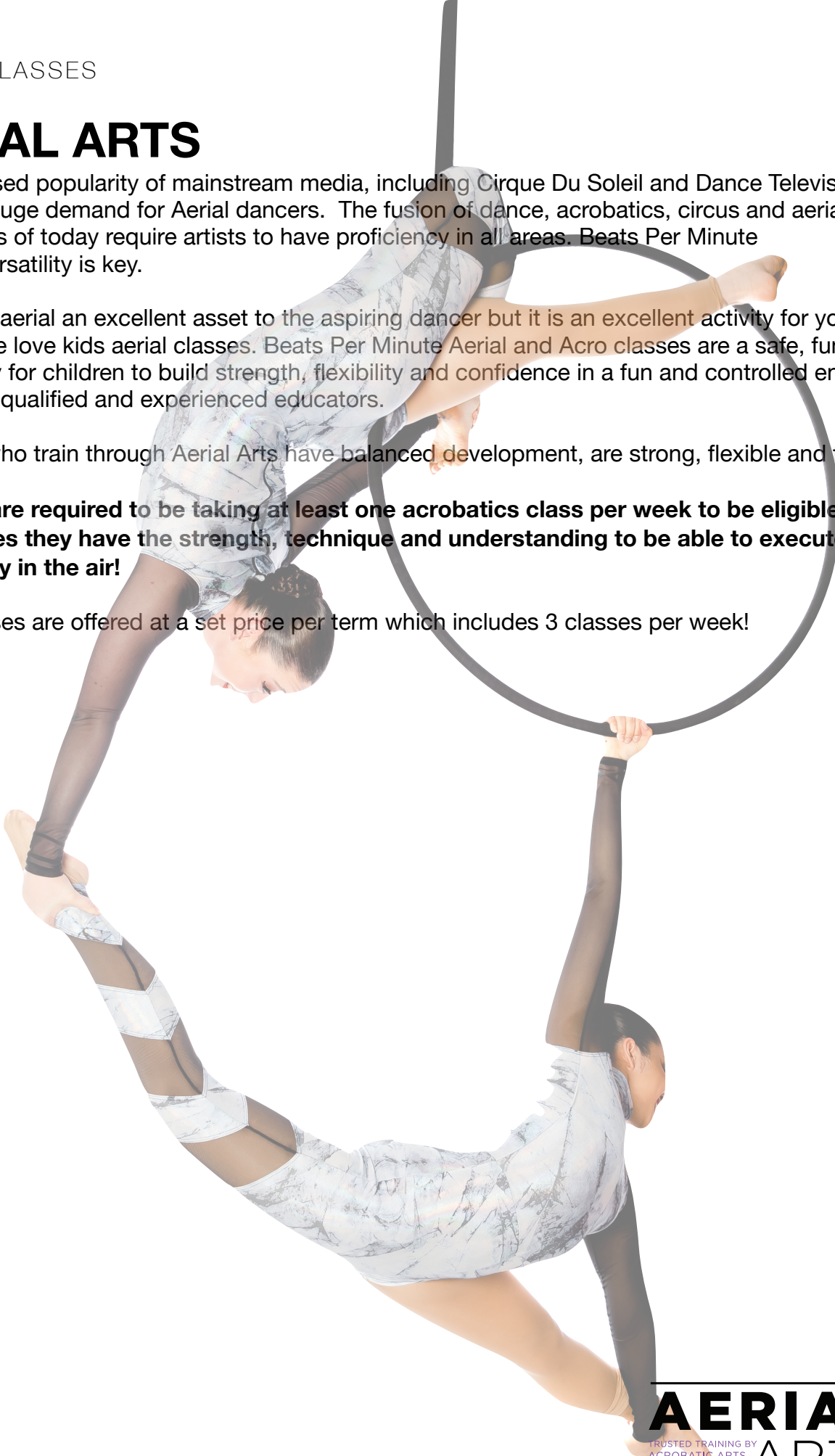
The increased popularity of mainstream media, including Cirque Du Soleil and Dance Television has created a huge demand for Aerial dancers. The fusion of dance, acrobatics, circus and aerial in productions of today require artists to have proficiency in all areas. Beats Per Minute believes versatility is key.

Not only is aerial an excellent asset to the aspiring dancer but it is an excellent activity for your little monkey, we love kids aerial classes. Beats Per Minute Aerial and Acro classes are a safe, fun and unique way for children to build strength, flexibility and confidence in a fun and controlled environment with highly qualified and experienced educators.

Students who train through Aerial Arts have balanced development, are strong, flexible and fearless.

**Students are required to be taking at least one acrobatics class per week to be eligible for aerial, this ensures they have the strength, technique and understanding to be able to execute skills safely in the air!**

Aerial classes are offered at a set price per term which includes 3 classes per week!



## LYRICAL

Lyrical builds on a strong classical foundation and is a flowing expressive style. Young children love dancing to popular songs such as Disney hits and learning to create different shapes and expressing emotion through movement.

## MUSICAL THEATRE

All children love to act and sing! Musical theatre trains pitch and harmony alongside dance and drama. This is the perfect class for your budding Broadway star or for building confidence in a safe and nurturing environment.

## ALIXA FLEX

We believe students have only one body and they need to keep it safe & healthy their entire lifetime. Instructors at BPM are highly educated in safe flexibility methods to facilitate progression in students as well as arm them with the body awareness and education to protect their body & avoid injuries.

Flexibility when done correctly promotes body confidence, the ability to move better and helps keep the body pain free.



# 2026

## ADDITIONAL CLASSES

### **TUMBLING, HAND BALANCING, FLEXIBILITY & CONTORTION**

These complimentary classes are available to students in senior who are enrolled in an ultimate pack and taking examinations. Students must also have a far arm cartwheel on both sides, back arabian limber and a front and back walkover. BPM now offers a state of the art Acrobatic facility with purpose built gymnastics sprung flooring, this allows us to train the bio mechanics and muscle memory of skills with additional height and power!

### **OPEN APPARATUS**

We are pleased to offer open apparatus classes including, silks, trapeze, net, aerial moon and heart! Students must be enrolled in acrobatics and aerial to be eligible for this class. Open apparatus classes are offered at a heavily reduced set price per term which includes 2 classes per week!



# TERM DATES 2026

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

## Term Dates

- Term 1:** Mon, February 2 - Thurs, April 2  
**Term 2:** Mon, April 20 – Fri, June 26  
**Term 3:** Mon, July 13 – Fri, September 18  
**Term 4:** Mon, October 12 - Fri, December 4

## Public Holidays (No Dance)

- Labour Day:** Mon 4th May  
**Sunshine Coast Show Day:** Fri 13th June

**\*\* All additional extension Saturday classes (extension tumbling, hand balancing, flexibility & conditioning) will not be held in term 4 due to concert preparation.**

## **Fee Structure:**

WE OFFER A TOTAL OF 26 CLASSES AT THIS LEVEL OVER EVERY GENRE! This is more than ANY dance school on the Sunshine Coast! Please note that aerial and open apparatus classes are charged as a separate fee, these are not included within the dance class packages. Please read carefully as you will be required to confirm your classes in the enrollment form.

Prices are averaged to a 10 week term, if the term falls over 10 weeks there will be no additional charge, if the term falls under 10 weeks you are welcome to make up the deficit with a class of your choice at anytime within that term.

<b>1 CLASS</b>	<b>\$16.50 PER CLASS (excl. GST)</b>	<b>\$165 PER TERM (excl. GST)</b>
<b>2 CLASSES</b>	<b>\$14.50 PER CLASS (excl. GST)</b>	<b>\$290 PER TERM (excl. GST)</b>
<b>3 CLASSES</b>	<b>\$13.80 PER CLASS (excl. GST)</b>	<b>\$415 PER TERM (excl. GST)</b>
<b>4 CLASSES</b>	<b>\$13.50 PER CLASS (excl. GST)</b>	<b>\$540 PER TERM (excl. GST)</b>
<b>5 CLASSES</b>	<b>\$13.00 PER CLASS (excl. GST)</b>	<b>\$650 PER TERM (excl. GST)</b>
<b>6 CLASSES</b>	<b>\$12.60 PER CLASS (excl. GST)</b>	<b>\$760 PER TERM (excl. GST)</b>
<b>7 - 26 CLASSES</b>	<b>\$3.20 PER CLASS (excl. GST)</b>	<b>\$900 PER TERM (excl. GST)</b>
<b>AERIAL HOOP</b>	<b>\$7.30 PER CLASS (excl. GST)</b>	<b>\$220 PER TERM (excl. GST)</b>

**\*\* This fee includes 3 aerial classes per week (students must be taking at least 1 acrobatics class per week to participate in aerial classes)**

<b>OPEN APPARATUS</b>	<b>\$7.50 PER CLASS (excl. GST)</b>	<b>\$150 PER TERM (excl. GST)</b>
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**\*\* This fee includes 2 open apparatus classes per week (students must be taking at least 1 acrobatics class and 1 aerial hoop class per week to participate in open apparatus classes)**

Please complete your 2026 Enrolment Form via the link provided (if you haven't already). Please ensure all information is completed thoroughly, emails and invoices will be sent to the email provided, if you do not complete the enrolment form you will not be on the mailing list for important updates throughout the year.

## FAQ'S

### **Do we need to purchase uniform and shoes?**

Beats Per Minute Uniform is compulsory for all senior students, this helps to keep them safe while moving, avoiding baggy clothing and protecting the muscles correctly. Our students love wearing the uniform and it allows them to feel a part of our special community at BPM. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothing like leggings and a singlet or a leotard and tights are recommend for trial classes.

## UNIFORM ITEMS

- BPM Leotard - Red or Black (Required for exams)
- BPM Shorts - Red or Black
- BPM Leggings (Required for exams)
- BPM Cosi G Crop Top
- BPM Cosi G Shorts
- BPM T-Shirt
- BPM Jacket
- BPM Track Pants
- Ballet Tights
- Jazz Tights (Required for exams and performances)

Second Hand Items often become available, please join our Facebook Group once you have enrolled, BPM Parents & Students. Unfortunately we do not sell second hand items directly through the studio.

## RECOMMENDED SHOES

- Ballet - Capezio Split Sole Juliettes (available from Showtime Dancewear) or MDM ballet shoes (available from BPM with limited availability)
- Jazz - Black Bloch Jazz Shoes (available from Showtime Dancewear)
- Tap - Slicks Camel Tap Shoes (available from Showtime Dancewear)
- Contemporary / Lyrical - Hanami Pirouette in Nude (available from Showtime Dancewear)
- Pointe Shoes - Students must pass a pre pointe assessment before purchasing pointe shoes and must be attending Intermediate Foundation and Intermediate Foundation pointe classes as well as their own grade ballet classes to be selected for this assessment. Students will participate in this class without pointe shoes to develop the strength, correct alignment and understanding of what is required when dancing on pointe.

### **Are your teacher's qualified?**

All teachers at BPM are highly qualified in all genres, have their Working with Children Check's and follow programs that are internationally endorsed. You can head to our website to read more about our teacher's qualifications.

### **If we miss a class can it be made up on another day of the week?**

You may swap days if you miss a class (as long as the make up class is not full). The make up class must be taken within the same term. If a class is cancelled at the studios directive due to public holidays/severe weather/any other circumstances you may also make these classes up during the same term, there will however be no additional classes provided - you must make up with an existing class from the timetable.

**Does my child need to participate in the concert?**

This is not compulsory but highly recommended. It's an amazing day that creates memories that last a life time, so the majority of students love to participate in this annual event. Please keep in mind, students are required to be enrolled in the genre they wish to participate in by term 3 at the latest.