

BEAT & PER MINUTE

INTERMEDIATE

Information Pack



COMDANCE



BEATS PER MINUTE PERFORMING ARTS
UNIT 11/7 KELLY COURT, MAROOCHYDORE
0404 053 576
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WELCOME

Our vision is to provide an environment that harbours happiness and safety as well as offer a place where students truly feel valued and appreciated.

Beats Per Minute is a triple threat studio located on the Sunshine Coast offering equal and extensive training in all facets of Performing Arts for students of all ages.

We understand and appreciate each and every one of our students as creative and talented individuals, EVERY student is unique and requires a unique program, whether you're looking for a career as a professional dancer, dance teacher or simply want to have fun. We recognize all goals as equal and facilitate the students journey towards attaining their goals. Students at BPM are encouraged to take ownership of their individual dream and with the careful guidance of the team at BPM EXCEED even their own expectations. This creates empowered and responsible individuals who are ready to enter the workforce in whatever path they may choose.

The environment at Beats Per Minute lends itself to success through providing a safe work space that encourages and celebrates individuality. ALL students achieve success at BPM and all students are treated with respect and are provided equal opportunities.

Kate Evans

Kate Evans | Director



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BPM PRE INTER & INTERMEDIATE CLASS INFORMATION 2026

Recommended Age: Grade 2 students (PRE INTER) must be a minimum of 9 yrs by Jan 1st 2026

Grade 3 students (INTERMEDIATE) must be a minimum of 10 yrs by Jan 1st 2026

Grade 4 students (INTERMEDIATE) must be a minimum of 11 yrs by Jan 1st 2026

As per timetable:

Grade 2 Ballet, Grade 2 Jazz, Grade 3 Acro, Grade 2 Tap (9 - 10yo)	Grade 3 Ballet, Grade 3 Jazz, Grade 4 Acro, Grade 3 Tap (10 - 11yo)	Grade 4 Ballet, Grade 4 Jazz, Grade 5 Acro, Grade 3 Tap (11 - 13yo)	** Tumbling 1 - students must attend a minimum of two acro classes per week, have a one arm cartwheel both sides, bridge recover and front limber
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Intermediate students are able to delve even further into the performing arts world with a wide range of classes on offer, students thrive in a positive environment whilst developing strength, coordination, confidence and skills to last a lifetime. We offer; Jazz, Ballet, Tap, Lyrical, Contemporary, Musical Theatre, Acrobatics, Aerial and Hip Hop.

For newer students, now is a great time to begin dance training even with no previous dance experience. We do offer single class packages however recommend that after an initial trial period you consider additional classes, the more classes taken the better the progression. All styles work hand in hand and we find that when solid foundations are built students are able to progress effortlessly! Bear in mind, we require students to be taking at least one acrobatics class per week to be eligible for aerial, this ensures they have the strength, technique and understanding to be able to execute skills safely in the air!

Our Intermediate BPM students attending twice a week will be offered an RAD Ballet examination, a Comdance 'Modern Jazz' and 'Tap' examination as well as an Acrobatic Arts examination. Students taking all exams on the ultimate pack will now be offered additional and complimentary invitation only Acrobatics and Aerial classes, rewarding their hard work and dedication with specialised classes!



CLASSES & EXAMS ON OFFER

ROYAL ACADEMY OF DANCE

Ballet is the foundation of all styles of dance, it teaches line, control, discipline, balance, agility, grace and poise. The technique and skills that are learnt in ballet are essential to progressing in all other styles. Students can take ballet purely to advance their technique or they can participate in examinations following the RAD (Royal Academy of Dance) Syllabus. These examinations are an internationally recognised portfolio of exams to motivate students of all ages and abilities. These are endorsed by state awarding bodies with credits towards the Certificate of Education.

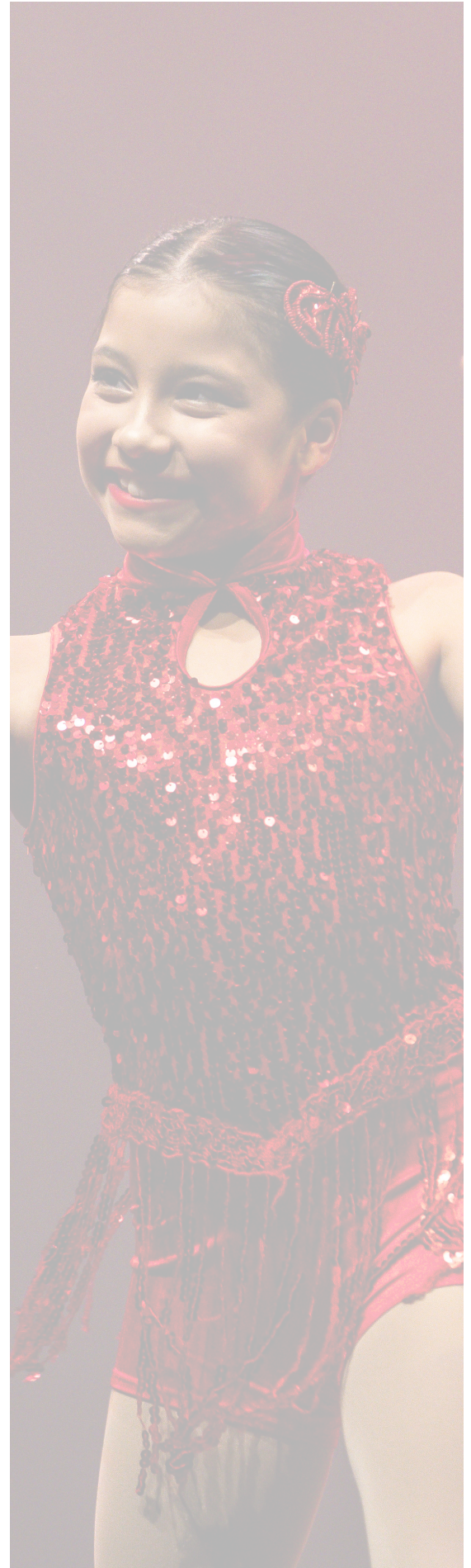
The Ballet class is based on the Royal Academy of Dance Syllabus, two classes are recommended per week. It is compulsory for children to attend both days if they wish to take examinations.

COMDANCE JAZZ & TAP

Jazz is fast paced, energetic and up beat and is the perfect introduction to dance at a younger age as well as a fantastic way to progress technically and stylistically as the students reach a higher level. Students will learn a range of jazz styles as well as learn how to stretch safely, progressions for leaps, kicks and turns and choreography.

ABOUT THE SYLLABUS

Examinations are a fantastic way to keep students motivated and encourage them to set a goal and achieve it, although recommended examinations are not compulsory. Comdance is an internationally recognized syllabi which provides examinations from tinies through to teacher certification in all genres of dance. It is compulsory for children to attend both days if they wish to take examinations. This syllabus provides clear progressions for students, increases strength, flexibility and improves technique, coordination and style. This is the syllabus which led 2 winners from So You Think You Can Dance Australia to their great success!





ACROBATIC
CREATING THE WORLD'S MOST
TRUSTED ACRO PROGRAMS



CLASSES & EXAMS ON OFFER

ACROBATIC ARTS

Acrobatics is becoming increasingly popular in the mainstream dance industry, it can be seen in TV shows, musical theatre and film as well as commercial television and live performances. Acrobatics is a fantastic asset to today's performer.

Not only is Acrobatics at Beats Per Minute taught with an emphasis on safety it helps to build strength, flexibility, control and coordination. The great thing about acrobatics is that the skills are designed to be executed on a hard floor not a sprung floor, this means if your child decides to try these skills in their backyard at home they will have the information and technique to do it safely! Despite this, all skills are of course trained on mats that meet Australian Safety Standards.

ABOUT THE SYLLABUS

Created by a successful studio owner with decades of experience, Acrobatic Arts is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling. Developed with input from professionals and experts in ballet, modern dance, jazz, contortion, artistic gymnastics, rhythmic gymnastics, sport acrobatics, yoga, acro yoga, pilates, physiotherapy, hand balancing and more, you will not find a more comprehensive program. Simple thoughtful progressions take the beginner preschool level dancer from log rolls and somersaults to the advanced dancer tumbling effortlessly across the stage!

The Acrobatic Arts examination process is designed to motivate dancers. Having defined and achievable goals is a proven way to motivate dancers to excel. Dancers work through twelve exam levels, dancers who complete all 12 levels can take the 'Teacher's Exam' and, upon successful completion, will be granted Certified Teacher status. It is compulsory for children to attend both days if they wish to take examinations.

OTHER CLASSES

AERIAL ARTS

The increased popularity of mainstream media, including Cirque Du Soleil and Dance Television has created a huge demand for Aerial dancers. The fusion of dance, acrobatics, circus and aerial in productions of today require artists to have proficiency in all areas. Beats Per Minute believes versatility is key.

Not only is aerial an excellent asset to the aspiring dancer but it is an excellent activity for your little monkey, we love kids aerial classes. Beats Per Minute Aerial and Acro classes are a safe, fun and unique way for children to build strength, flexibility and confidence in a fun and controlled environment with highly qualified and experienced educators.

Students who train through Aerial Arts have balanced development, are strong, flexible and fearless.

*****Students are required to be taking at least one acrobatics class per week to be eligible for aerial, this ensures they have the strength, technique and understanding to be able to execute skills safely in the air!***

Aerial classes are offered at a set price per term which includes 3 classes per week!



LYRICAL

Lyrical builds on a strong classical foundation and is a flowing expressive style. Young children love dancing to popular songs such as Disney hits and learning to create different shapes and expressing emotion through movement.

MUSICAL THEATRE

All children love to act and sing! Musical theatre trains pitch and harmony alongside dance and drama. This is the perfect class for your budding Broadway star or for building confidence in a safe and nurturing environment. In this level students attending this class as well as ballet, jazz and acro will be offered a Theatrical and Performing Arts exam - this examination allows students to perform songs, routines, and monologues of a chosen musical and delve into the musicals

HIP HOP

Hip Hop is a fun and energetic style of dance, students will learn age appropriate moves in a supportive and high energy environment.



2026

ADDITIONAL CLASSES

TUMBLING

This class is available to students in Intermediate who are enrolled in a minimum of two acro classes per week, have a one arm cartwheel on both sides, bridge recover and front limber. BPM now offers a state of the art Acrobatic facility with purpose built gymnastics sprung flooring, this allows us to train the bio mechanics and muscle memory of skills with additional height and power!

OPEN APPARATUS

We are pleased to offer open apparatus classes including, silks, trapeze, net, aerial moon and heart! Students must be enrolled in acrobatics and aerial to be eligible for this class. Open apparatus classes are offered at a heavily reduced set price per term which includes 2 classes per week!



TERM DATES 2026

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

Term Dates

Term 1: Mon, February 2 - Thurs, April 2
Term 2: Mon, April 20 – Fri, June 26
Term 3: Mon, July 13 – Fri, September 18
Term 4: Mon, October 12 - Fri, December 4

Public Holidays (No Dance)

Labour Day: Mon 4th May
Sunshine Coast Show Day: Fri 13th June

**** Tumbling 1 (extension tumbling Saturday class) will not be held in term 4 due to concert preparation.**

Fee Structure:

WE OFFER A TOTAL OF 20 CLASSES AT THIS LEVEL OVER EVERY GENRE! This is more than ANY dance school on the Sunshine Coast! Please note that aerial and open apparatus classes are charged as a separate fee, these are not included within the dance class packages. Please read carefully as you will be required to confirm your classes in the enrollment form.

Prices are averaged to a 10 week term, if the term falls over 10 weeks there will be no additional charge, if the term falls under 10 weeks you are welcome to make up the deficit with a class of your choice at anytime within that term.

1 CLASS	\$15.50 PER CLASS (excl. GST)	\$155 PER TERM (excl. GST)
2 CLASSES	\$13.75 PER CLASS (excl. GST)	\$275 PER TERM (excl. GST)
3 CLASSES	\$13.00 PER CLASS (excl. GST)	\$395 PER TERM (excl. GST)
4 CLASSES	\$12.80 PER CLASS (excl. GST)	\$515 PER TERM (excl. GST)
5 CLASSES	\$12.70 PER CLASS (excl. GST)	\$635 PER TERM (excl. GST)
6 CLASSES	\$12.50 PER CLASS (excl. GST)	\$755 PER TERM (excl. GST)
7 - 20 CLASSES	\$4.00 PER CLASS (excl. GST)	\$800 PER TERM (excl. GST)
AERIAL HOOP	\$7.30 PER CLASS (excl. GST)	\$220 PER TERM (excl. GST)

**** This fee includes 3 aerial classes per week (students must be taking at least 1 acrobatics class per week to participate in aerial classes)**

OPEN APPARATUS	\$7.50 PER CLASS (excl. GST)	\$150 PER TERM (excl. GST)
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**** This fee includes 2 open apparatus classes per week (students must be taking at least 1 acrobatics class and 1 aerial hoop class per week to participate in open apparatus classes)**

Please complete your 2026 Enrolment Form via the link provided (if you haven't already). Please ensure all information is completed thoroughly, emails and invoices will be sent to the email provided, if you do not complete the enrolment form you will not be on the mailing list for important updates throughout the year.

FAQ'S

Do we need to purchase uniform and shoes?

We recommend students wear the Beats Per Minute Uniform, this helps to keep them safe while moving, avoiding baggy clothing and protecting the muscles correctly. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothing like leggings and a singlet or a leotard and tights are recommend for trial classes. Beats Per Minute uniform as well as dance tights can be purchased from Beats Per Minute - unfortunately we do not stock dance shoes, we recommend purchasing these from Showtime Dancewear - this is located just across the road from us near Petbarn.

UNIFORM ITEMS

- BPM Leotard - Red or Black (Required for exams)
- BPM Unitard - Red or Black (Required for Acrobatic Arts exams)
- BPM Shorts - Red or Black
- BPM Leggings (Required for exams)
- BPM Cosi G Crop Top
- BPM Cosi G Shorts
- BPM T-Shirt
- BPM Jacket
- BPM Track Pants
- Ballet Tights
- Jazz Tights (Required for exams and performances)

Second Hand Items often become available, please join our Facebook Group once you have enrolled, BPM Parents & Students. Unfortunately we do not sell second hand items directly through the studio.

RECOMMENDED SHOES

- Ballet - Capezio Split Sole Juliettes (available from Showtime Dancewear) or MDM ballet shoes (available from BPM with limited availability)
- Jazz - Black Bloch Jazz Shoes (available from Showtime Dancewear)
- Tap - Slicks Camel Tap Shoes (available from Showtime Dancewear)
- Contemporary / Lyrical - Hanami Pirouette in Nude (available from Showtime Dancewear)

Are your teacher's qualified?

All teachers at BPM are highly qualified in all genres, have their Working with Children Check's and follow programs that are internationally endorsed. You can head to our website to read more about our teacher's qualifications.

If we miss a class can it be made up on another day of the week?

You may swap days if you miss a class (as long as the make up class is not full). The make up class must be taken within the same term. If a class is cancelled at the studios directive due to public holidays/severe weather/any other circumstances you may also make these classes up

during the same term, there will however be no additional classes provided - you must make up with an existing class from the timetable.

Does my child need to participate in the concert?

This is not compulsory but highly recommended. It's an amazing day that creates memories that last a life time, so the majority of students love to participate in this annual event. Please keep in mind, students are required to be enrolled in the genre they wish to participate in by term 3 at the latest.